

WALDZELL

LEADERSHIP INSTITUTE

WALDZELL SEMINAR



Transformation - The Path to Leadership and Success | 25 to 26 March 2017 / Götweig Abbey

An Interactive Journey based upon the Science of Kundalini Yoga
integrating the Experiences and Challenges of Modern Leaders by
means of the Legendary Glass Bead Game..

For more information please visit our website: waldzell.org/waldzell-seminars.html

“Values that have long been considered spiritual ideals, such as integrity, honesty, and humility, have been demonstrated to have an effect on leadership success. Similarly, practices traditionally associated with spirituality as demonstrated in daily life have also been shown to be connected to leadership effectiveness. Spiritual values and practices also allow leaders to achieve organizational goals such as increased productivity, lowered rates of turnover, greater sustainability, and improved employee health.”

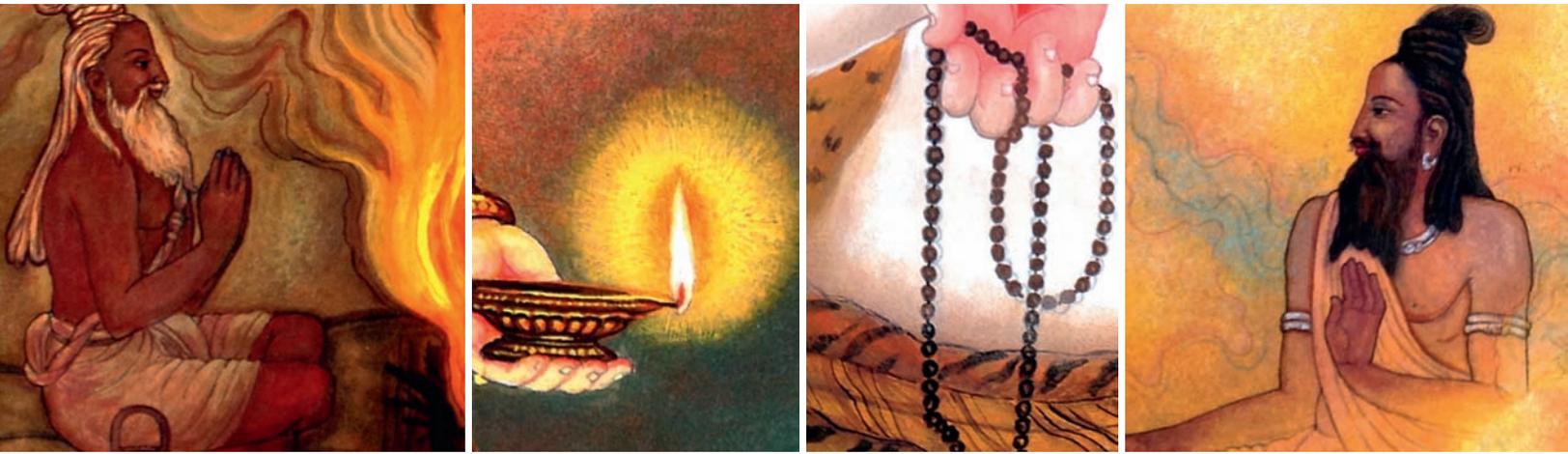
The Leadership Quarterly 16, 2005

Hundreds of scientific studies clearly show that meditation and other spiritual practices greatly enhance the mental, psychological and physical wellbeing of people. In recent years more and more research is done about how spiritual practices can support leaders and managers in companies to foster success. Reviewing over 150 studies the University of Western Ontario, Canada, has shown that there is a clear consistency between spiritual values and practices and effective leadership.



"In the transition the world and therefore we are going through, there is nothing more fundamental than to understand and embody new concepts of leadership and success."

Sadhana Singh



What We Want to Understand?

True Leaders go beyond their own personal benefits and reach for higher goals. They expose themselves because they want to make a difference in the world. They give what they have, their unique talent, they forget personal interests and live for others. How can we turn in such a leader and still be as successful as we are?

What is Our Means of Understanding?

Kundalini Yoga is a Royal Yoga, a Raja Yoga. A spiritual discipline intended in ancient times, solely for kings. It was meant to elevate, guide and support those who had the responsibility of leading others. In those times it was recognized that kings must train their consciousness to be able to lead from their spirit. Kundalini Yoga is known as the fastest way to achieve a state of heightened awareness, a complete physical, mental and emotional balance.

What is Your Benefit?

- ◆ You will be assigned individual sessions with the trainers to be better able to understand what yogic tools are needed to support your excellence in your particular field of challenge.
- ◆ You will take home the most appropriate techniques for your unique faculties, to maintain and improve them in the most adverse circumstances.
- ◆ You will be supported in how to effectively incorporate the new knowledge into your private and professional life.



Gundula Schatz-Avenali

founder of the Waldzell Institute,
Biotechnologist and Kundalini Yoga Teacher



Sadhana Singh

a world-renowned Kundalini Yoga Lead Trainer
and author of several books

Who will Guide Us?

The Glass Bead Players

The Waldzell Seminars are by invitation only, for an exclusive group of dedicated leaders. They are designed to offer knowledge, wisdom and technology to bring excellence and full self-realization for those who have the responsibility of leading others. Through the integration of modern science and ancient wisdom, with the pragmatic approach of realizing tangible results, the Waldzell Seminars are more than pure inspiration, they are guidance to change.



COSTS, INFORMATION, REGISTRATION

Date: 25 to 26 March 2017

Venue: Göttweig Benedictine Abbey, stiftgoettweig.at

Costs: € 1.100.- including food and lodging

Deadline of application: 29 January 2017

Information and registration:

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