

# Program of Waldzell Meeting 2008

**Thursday, 18 September 2008**

*Days of Silence*

- 9:30 a.m.: **Opening of the Days of Silence** by Abbot Burkhard F. Ellegast and Gundula Maria Schatz, Founder of Waldzell at Dietmayer Hall
- 9:45 a.m.: Plenum Session: **Introduction to Kriya Yoga** by Paramahansa Prajnanananda
- 10:20 a.m.: Meditation Session: **Experiencing Kriya Yoga**
- 10:45 a.m.: Reflection through Walking
- 11:00 a.m.: Plenum Session: **Introduction to Zen** by Vanja Palmers
- 11:35 a.m.: Meditation Session: **Experiencing Zen**
- 12:30 p.m.: Lunch
- 2:30 p.m.: Plenum Session: **Introduction to Contemplation** by David Steindl-Rast
- 3:05 p.m.: Meditation Session: **Experiencing Contemplation**
- 3:30 p.m.: Reflection through Walking
- 4:00 p.m.: Meditation Session: **Experiencing Contemplation**
- 4:25 p.m.: Reflection through Walking
- 4:30 p.m.: Meditation Session: **Experiencing Zen**
- 4:55 p.m.: Reflection through Walking
- 5:00 p.m.: Meditation Session: **Experiencing Kriya Yoga**
- 5:25 p.m.: Walking in Silence, Abbey Garden
- 6:00 p.m.: Dinner
- 7:30 p.m.: Evening Meditation

or

### ***Waldzell Pilgrimage***

- 9:30 a.m.: **Start of the Waldzell Pilgrimage** at Abbey of Göttweig
- 12:30 p.m.: Picnic
- 5:00 p.m.: **End of Waldzell Pilgrimage**  
(Shuttle to the hotels)

### **Friday, 19 September 2008**

#### ***Days of Silence***

- 8:00 a.m.: **Days of Silence: Impressions and Questions from the participants**
- 8:45 a.m.: Reflection through Walking
- 9:00 a.m.: **Integrating the Inner and Outer World** with Paramahansa Prajnanananda and Vanja Palmers. Moderation: Torsten Jung
- 10:00 a.m.: **Practicing Gratitude** with David Steindl-Rast
- 10:45 a.m.: Reflection through Walking
- 11:15 a.m.: **The Time is Now** with Willigis Jäger

or

- 10:00 a.m.: **Waldzell Pilgrimage:** Guided tour through the Abbey of Melk

### ***Waldzell Meeting***

- 10:30 a.m.: Check in, arrival of participants that do not take part either in Pilgrimage or Days of Silence  
  
**Garden experience, Mindfulness meditation** with Archbishop Philip of Poltava and Myrgorod, Jonathan Wittenberg and Vanja Palmers
- 12:00 p.m.: Prayer in the Abbey Church (optional), duration: 15 minutes
- 12:00 p.m.: Lunch
- 1:00 p.m.: **Waldzell Insights: Experiences from Four Years Waldzell** with David Goldberg at Koloman's Hall
- 1:30 p.m.: **Official Opening of the Waldzell Meeting 2008** at Koloman's Hall  
Gundula Maria Schatz, Founder of Waldzell and Abbot Burkhard F. Ellegast

- 2:00 p.m.: **New Sciences meet Old Wisdom – a first step** with Rupert Sheldrake, Bruce Lipton and Willigis Jäger. Moderation: Torsten Jung
- 3:00 p.m. **New Sciences meet Old Wisdom – a second step** with Donald D. Hoffman, Wolf Singer and Paramahansa Prajnanananda. Moderation: Torsten Jung
- 4:00 p.m.: Coffee Break – Coffee and snacks, Waldzell Café
- 4:45 p.m.: **New Sciences meet Old Wisdom - Q&A Session and a First Conclusion** with Rupert Sheldrake, Bruce Lipton, Willigis Jäger, Donald D. Hoffman, Wolf Singer and Paramahansa Prajnanananda. Moderation: Torsten Jung
- 5:30 p.m. **Creating the Field of Mindfulness** with David Steindl-Rast
- 6:00 p.m. **Bridging the Gap – Common Ground between New Sciences and Old Wisdom** with David Steindl-Rast and Jonathan Wittenberg. Moderation: Torsten Jung
- 7:05 p.m. **Art and Science: A Double Conference on the Themes of Creativity and Perception** held by the inspiration and innovation artist and perception explorer sha., and psychologist and arts scholar Prof. Dr. Thomas Slunecko
- 7:30 p.m.: Silence, Light and Music at the Abbey Church
- 8:00 p.m.: Dinner

**Saturday, 20 September 2008**  
**Waldzell Meeting**

- 8:00 a.m.: **Parallel morning sessions: Resonating the Field, Vocal Harmonics, Chant and Liberation** with Jill Purce, Paramahansa Prajnanananda, Walter Link and Willigis Jäger
- 9:00 a.m.: **VIDEO: 5 minute prelude by Muhammad Yunus on: The Time is Now - Creating a World without Poverty**  
**A Holistic Approach to Economy** with Horst M. Rechelbacher. Moderation: Alan M. Webber  
 Presentations of the *Architects of the Future*
- 9:45 a.m.: **The Economy of Giving & The Role of Media** with Bibi Russell, Pat Mitchell, Yousriya Loza Sawiris and John Marks. Moderation: Alan M. Webber  
 Presentations of the *Architects of the Future*
- 11:00 a.m.: Coffee Break – Coffee and snacks, Waldzell Café
- 11:45 a.m.: Presentations of the *Architects of the Future*  
**Creative Capitalism and the Power of Vision** with the Architects of the Future.  
 Moderation: Alan M. Webber
- 12:45 p.m.: Lunch

2:30 p.m.: **Parallel Break out Sessions I**

- A. Science Talks
  - B. New Sciences Meet Old Wisdom
  - C. A New Economy
  - D. A New Society
  - E. Be the Change you Want to See in the World
  - F. Mixed topics
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- A. **The Power of Thought: How Our Mind Shapes Biology and Behavior** with Wolf Singer and Paramahansa Prajnanananda
  - B. **Topic Still Open** with David Steindl-Rast and Rupert Sheldrake
  - C. **Meeting the Architects of the Future 2008** with the Architects of the Future
  - D. **Female Leadership** with Elizabeth Lesser and Pat Mitchell
  - E. **Taking Action Now – How to Fulfill an Inspiring Vision** with John F. Demartini
  - F. **The Change in the World begins Within Us** with Willigis Jäger in German Language

3:30 p.m.: Coffee Break – Coffee and snacks, Waldzell Café

4:00 p.m.: **Parallel Break out Sessions II**

- A. **The Source of Evolutionary Creativity** with Wolf Singer and Rupert Sheldrake
- B. **The God View of a Scientist** with Bruce Lipton and David Steindl-Rast
- C. **Cooperation of Business and Social Enterprises** with the Architects of the Future
- D. **Why Philanthropy Matters** with Yousriya Loza Sawiris
- E. **Presencing- Leading From the Future as it Emerges** with Hein Dijksterhuis
- F. **Using Conflict Resolution and Mediation to Create a Better World** with John Marks and Susan Collin Marks

5:00 p.m.: Coffee Break – Coffee and snacks, Waldzell Café

5:30 p.m.: **Parallel Break out Sessions III**

- A. **The Biology of Belief - Psychology of Change** with Robert M. Williams and Bruce Lipton
- B. **Creation, Evolution and Interdependent Arising** with Vanja Palmers and Werner Arber
- C. **Business with Meaning** with Horst M. Rechelbacher
- D. **Grail, Millionth Circle, Morphic Field** with Jean Shinoda Bolen and Rupert Sheldrake
- E. **Consciousness is Fundamental** with Donald D. Hoffman
- F. **The Mystery of Mind** with Paramahansa Prajnanananda

6:50 p.m.: Waldzell Ceremony, Library of Melk Abbey

7:15 p.m.: Schnaps with Abbot Burkhard and Pater Martin (Marble Hall or Altane)

8:00 p.m.: Dinner at the Danube

**Sunday, 21 September 2008**

**Waldzell Meeting**

- 8:30 a.m.: **Parallel morning sessions: *Quiet Mind/Open Heart: Instruction in Meditation*** with Elizabeth Lesser, ***Free Your Mind from the Prison of Limiting Beliefs*** with Robert M. Williams, ***How to Start the Day with Inspiration*** with John F. Demartini, or ***Holy Mass in the Benedicti Chapel*** by Burkhard F. Ellegast
- 9:30 a.m.: **Reports from the Break out Sessions**
- 10:45 a.m.: Coffee Break – Coffee and snacks, Waldzell Café
- 11:15 a.m.: **Heeding the Feminine: Healing Psyche and Planet** with Jean Shinoda Bolen and Elizabeth Lesser. Moderation: Alan M. Webber
- 12:30 p.m.: Lunch
- 2:00 p.m.: **Final Remarks of the Speakers and the Journalists of the Future.** Moderation: Alan M. Webber
- 3:00 p.m.: **Summary of the Waldzell Meeting 2008** by Alan M. Webber
- 3:25 p.m.: A Symbol for Change with Burkhard F. Ellegast
- 3:35 p.m.: Piano Improvisation of the Waldzell Meeting 2008
- 3:45 p.m.: **Final remarks of the Founder of Waldzell** by Gundula Maria Schatz
- 4.00 p.m.: End of Waldzell Meeting 2008